

Saturday Club in Dorchester

Many people in Dorchester will already know about the Saturday Club - but many will not. It is a youth club for young people with disabilities aged from 11-25, held on alternative Saturday afternoons from 2pm to 5pm in term time at Dorchester Youth and Community Centre on Kings Road.

Those attending the club can do all the usual youth club activities and more besides. They offer drum and guitar lessons with an experienced teacher and they have a disco provided by the young people themselves at every session.

There is a stimulating sensory room with a ball pool, lights, music, a projector and bubble tube and there is a recently-opened sensory garden as well.

The club also makes a point of celebrating members' birthdays, when they move away from the usual healthy snacks to have cake instead, although the club organisers know that some members cannot eat wheat or chocolate, for example, and they make sure they don't!

The club also arranges occasional trips out.

To find out more about the club contact Sandy Cave on 01305 860354 or email sandycave@yahoo.co.uk