



# Early Help at Yewstock



**What is Early Help?** Early Help, also known as early intervention, is support given to a family when a problem first emerges. It can be provided at any stage in a child or young person's life.

## **School indicators for children or families that may require Early Help:**

- Special Educational Needs
- Low parenting skills
- Poor diet – obesity, malnourished
- Low income or poverty
- Transport
- Limited community integration
- Young carer
- Substance/alcohol abuse
- Breakdown in family relationships
- Domestic abuse
- Breakdown in community relationships
- Child mental health
- Isolation
- Adult mental health
- Disability of a child
- Disability of an adult
- Bereavement
- Poor attendance and punctuality
- Changes in behaviour
- Poor behaviour and risk of exclusion
- Child unaware of how to keep themselves safe online
- Child unaware of danger and how to keep themselves safe
- Child demonstrates sexualised behaviours
- Frequent house or school moves
- Extremist views
- Involved in anti-social or criminal activity
- Is associated with gangs
- Frequently goes missing from care or from home
- At risk of modern slavery, trafficking or exploitation
- Has returned home to their family from care
- Is privately fostered

**Some of the Early Help strategies we use at Yewstock: (please feel free to tell us more!)**

- ✓ **ELSA**
- ✓ **Drawing & Talking**
- ✓ **Counselling**
- ✓ **Art Therapy**
- ✓ **Mosaic**
- ✓ **Wellbeing days**
- ✓ **Mental Health & Wellbeing Lead**
- ✓ **Attachment Intervention**
- ✓ **Dorset Steps**
- ✓ **Family Support Advisor**
- ✓ **TAF, CiN, CP, LAC meetings**
- ✓ **Communication with families**
- ✓ **Parent/Carer Evenings**
- ✓ **Person Centred Reviews**
- ✓ **PSHCE/RSE lessons**
- ✓ **E-Safety lessons**
- ✓ **Anti-bullying Week**
- ✓ **Advice & guidance for parents/carers**
- ✓ **Sensory support**
- ✓ **OT support**
- ✓ **Communication support**
- ✓ **SaLT support**
- ✓ **Narrative Intervention**
- ✓ **ACE Targets**
- ✓ **Designated Teacher for Children in Care**
- ✓ **CPD for staff**
- ✓ **Breakfast Club**
- ✓ **Extra-curricular activities**
- ✓ **After-school clubs**
- ✓ **Off-site provisions**
- ✓ **Designated Safeguarding Leads**
- ✓ **Police Community Support Officers (PCSOs)**
- ✓ **Liaise with health professionals**
- ✓ **Swifts**
- ✓ **CAMHS**
- ✓ **Educational Psychologists**
- ✓ **School policies**
- ✓ **Risk assessments**
- ✓ **Appropriate curriculum**