



Do you care for someone who has autism? Do you need someone to talk to, who will listen and understand?

Then please do come and join us, meet other parents and carers and enjoy a cup of tea or coffee and a slice of cake.

Autism Connects is a local support group for those who care for loved ones with ASD.

The group is a proactive network of parents and carers who understand what it's like to have a child or loved one with additional needs and support each other. The group offers a safe and friendly space where members can share the realities of parenting and caring.

The group is held **every first Friday of the month** from **19:00 – 21:00** at Stour Connect Community Café, Stour Connect, Stourview Close, Sturminster Newton, Dorset, DT10 1JF

If you are interested in coming along please send an email to:

crystal.kerr@autismwessex.org.uk or call **01202 084854**