

		Year 10	Year 11
<b>Key Stage 4</b>	<b>Autumn</b>	<p>Strands 1: Developing Yourself, 2: World of Work, 3: Employability Skills</p> <p>Pathways: Catering and Services</p> <p>Work/Life Skills: Food and Catering, Household Tasks, Cleaning</p> <p>Workplace Encounters: Catering and Hospitality Services</p> <p>Further Education: Research providers</p>	<p>Strands 1: Developing Yourself, 2: World of Work, 3: Employability Skills</p> <p>Pathways: Preparing for an Independent Adulthood</p> <p>Work/Life Skills: Food and Catering, Household Tasks, Cleaning, Personal Grooming, Personal Care</p> <p>Workplace Encounters: Dependent on individuals</p> <p>Further Education: Visits, Workshops and Applications</p> <p>Individual Careers Guidance</p>
	<b>Spring</b>	<p>Strands 1: Developing Yourself, 2: World of Work, 3: Employability Skills</p> <p>Pathways: Farming and Gardening.</p> <p>Work/Life Skills: Looking After Animals, Gardening,</p> <p>Workplace Encounters: Farming/Plant and Animal Retail/Landscape services</p> <p>Further Education: Visits and Workshops</p> <p>Careers Event</p>	<p>Strands 1: Developing Yourself, 2: World of Work, 3: Employability Skills</p> <p>Pathways: Personal Development, Events, Work Experience Planning</p> <p>Work/Life Skills: Office</p> <p>Workplace Encounters: Dependent on individuals</p> <p>Further Education: Applications and Interviews</p> <p>Careers Event</p> <p>Individual Careers Guidance</p>
	<b>Summer</b>	<p>Strands 1: Developing Yourself, 2: World of Work, 3: Employability Skills</p> <p>Pathways: Fixing, Building and Maintenance</p> <p>Work/Life Skills: Practical Support Tasks, Waste Management</p> <p>Workplace Encounters: Manufacturing/Production/Construction</p> <p>Further Education: Visits and Workshops</p> <p>Individual Careers Guidance</p>	<p>Strands 1: Developing Yourself, 2: World of Work, 3: Employability Skills</p> <p>Pathways: Work Experience</p> <p>Work/Life Skills: Dependent on individual destinations.</p> <p>Work Experience</p> <p>Leavers and Transition Activities</p>

## Description of three strands:

1) Developing Yourself through occupations, employability and enterprise	
Self-awareness	Individuals who realistically appraise their qualities and skills, roles and responsibilities, values and attitudes, needs and interests, aptitudes and achievements are better able to understand themselves, make informed choices and relate well to others. Self-awareness provides individuals with the foundation for enhancing their self-esteem, developing their identity and achieving personal wellbeing.
Self-determination	Self-determination enables individuals to develop personal autonomy, self-efficacy and personal agency. It boosts hope, optimism, adaptability and resilience. Self-determination empowers individuals to realise their aspirations and manage their occupations.
Self-improvement as a learner	Self-improvement fosters positive attitudes to lifelong learning and the skills of planning, review and reflection. Understanding what they have learned, what they need to learn next and how they learn best enables individuals to develop their potential.

1) Learning about occupations and the World of Work	
Exploring occupations and occupation development	Occupation exploration expands individuals' horizons and opportunities. A better understanding of occupation processes and structures enables individuals to make sense of and manage their own occupations. It also enables them to appreciate the occupation experiences of others.
Investigating work and working life	Investigating people's experiences of work enables individuals to understand the meaning and purpose of work in people's lives. They learn what constitutes good or decent work and how to find it for themselves.
Understanding business and industry	Understanding types of business and business functions enables individuals to prepare for employment and to appreciate the contribution of business and industry to social and economic life.
Investigating jobs and labour market information	Individuals need to know how to access, analyse and act on relevant and appropriate job and labour market information when choosing and planning for occupations.
Valuing equality, diversity and inclusion	Individuals need to recognise that the commitment to equality, diversity and inclusion in British society benefits them as much as others. By resisting the damage caused by stereotyping, discrimination and prejudice, individuals can realise their own ambitions and help others to do so.
Learning about safe working practices and environments	Learning about safe working practices and environments helps individuals to keep themselves and others healthy and safe at work.

1) Developing your occupation management and Employability Skills	
Making the most of occupations information, advice and guidance	Individuals need to learn how to recognise trusted sources of information, advice and guidance and how to make effective use of all the sources of help and support available to them, including one-to-one guidance.
Preparing for employability	A priority for individuals is to gain the skills and experience that will enable them to get jobs and sustain themselves in employment.
Showing initiative and enterprise	Showing initiative and enterprise helps individuals to learn about risk, effort and making the most of opportunities.
Developing personal financial capability	The increasing cost of training and further and higher education makes it essential for individuals to know about managing their money. They need to know how to make decisions about spending, saving and investing to ensure their economic well-being now and in the future.
Identifying choices and opportunities	Individuals need to be able to research and recognise suitable progression pathways and qualifications. Using networking, negotiation, information and evaluation skills enables individuals to maximise their choices and opportunities, including those that are unforeseen or unplanned.
Planning and deciding	Individuals need to know how to get information, clarify values and preferences, identify alternatives, weigh up influences and advice, solve problems, review decisions and make plans. It also involves being able to cope with chance events and unintended consequences.
Handling applications and interviews	Promoting themselves in a way that attracts the attention of selectors and recruiters as well as managing the applications process requires individuals to develop a range of self-presentation and marketing skills that they will need throughout their lives.
Managing changes and transitions	Plans and decisions can break down if individuals fail to prepare for the occupation moves they need to make. Awareness of how to cope with life changes and transitions, partly gained from reflecting on previous moves, can support lifelong occupation development and employability.

